Commissioners Present: Dr. Barbara Decker, Ms. Patricia Parry, Dr. Bert Ballin, and Dr. Margaret Cobb

Guests Attended: Ms. Pam Scott, Recording Secretary, Mr. Ted Jankowski, Director of Public Safety, Health & Welfare, Ms. Anne

Fountain, MPH, Director of Health and Social Services, James Federici, Laboratory Director

Meeting called to order		Dr. Decker called the meeting to order at 9:03 a.m.
Additional Agenda Items:	Dr. Decker requested the following items to be added to the agenda:  • Walkability  • Childhood Obesity Prevention  • Health Initiative – K T Murphy  • Community Needs Assessment presentation by Greg Kearns at the December meeting	Ms. Parry moved to add the items to the agenda; Dr. Cobb seconded. Approved unanimously.
Director of Health:	<ul> <li>Ms. Fountain distributed copies of State of Connecticut update on flu</li> <li>Healthy Heart Day – 02/14/2014     Hands for Life Training - Lobby</li> <li>Colon Cancer Awareness Month – 03/04/2014</li> <li>Americares Stamford Clinic – kickoff celebration Clinic started 1/7/14</li> <li>Flu update     Rampant in state     Number of cases rising in Stamford     Over 100 hospitalized statewide, 2 deaths &gt;45     years old</li> <li>Most H1N1, 30-50 year olds affected most</li> <li>Mayor would like to put out release regarding flu prevention</li> </ul>	

	Budget is due tomorrow (01/10/2014) to OPM Program expansion     Social Services (couple more positions)     Training budget increase     Environmental     Food Safety training for restaurants     (Required anyhow, but not locally available)     School Nursing     Substitute nurse, perhaps on-call service     SNAP usage & training	Seek press publicity about training being offered; educate public to report restaurant sourced "food poisoning" to HD  Dr. Yoon & Ms. Anspach providing additional training during in-service training.
Mr. Ted Jankowski Director of Public Safety, Health & Welfare	<ul> <li>Mr. Jankowski asked HC if they had any issues for him. He commented on a couple of issues, such as;</li> <li>Impact of cold weather in Stamford</li> <li>Traffic issues at stop signs in front of Stamford Hospital.</li> </ul>	

### Correspondence:

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Memo from Attorney Joseph Capalbo, II,	A memo dated November 25, 2013, was received from	
Director of Legal Affairs & Corporation	Atty. Joseph J. Capalbo II, announcing the addition of	
Counsel	Atty. Amy J. LiVolsi, part time Assistant Corporation	
<ul> <li>Requests under the FOIA</li> </ul>	Counsel. Atty. LiVolsi is designated as the contact for	
	issues relating to the Freedom of Information Act.	
Letter from Attorney Sarah Fifield –	A letter was received, addressed to Anti-Blight Board	
Regarding Blighted Property at	and Health Commission with a complaint and asking	
440-448 Courtland Ave	for records under FOIA from the HD.	
	Atty. Fifield requests, under Freedom of Information	HC has no authority to conduct inspections of
	Law, all documents or other information which relates	housing. Dr. Cobb moved that the matter be
	to or references any open health code violation	referred to HD and a letter be sent to Atty. Fifield
	pertaining to the Blighted Property mentioned. She	clarifying action of HC. Ms. Parry seconded.
	indicated that she has information that some of the	Passed unanimously.
	people occupying the property fall under Section 8;	

	she states that she doesn't know whether any of them have contacted the HC regarding the condition and/or safety and/or soundness of their building.  Ms. Fountain does not have information at hand regarding what HD may have done.	The HC responded this is not their purview; they looked into the request and noted the HD is following up and providing the records that Atty. Fifield requested.
Healthy Exchange - Newsletter	Ms. Parry mentioned the hyperlink in the newsletter under Healthy Minds (Mental Health) did not work. She also tried to Google the website mentioned but could not find anything about this meeting.	Ms. Fountain indicated that she was not aware that link was non-functional; Jay Sandack, Esq. had supplied information and that he was a contact.
Minutes:		
Minutes of November 14, 2013	Minutes from the November 14, 2013 meeting were reviewed.	Ms. Parry moved to approve November 14, 2013 minutes. Dr. Ballin seconded. Approved unanimously.
Presentation:		
Stamford Public Health Laboratory Presented by: James Federici, Laboratory Director	Mr. Federici presented material on:  • Status of the Well Water Testing  • Implementation of the New Ordinance  • Other Laboratory Services  • Moving the laboratory forward in 2014  400,000 private wells in CT; 5,000 in Stamford No regulation of testing, home owner responsible for testing. Potability testing for new wells; probably also at time of sale.	
	Status of the Well Water Testing     Diledan, Chlorodane contamination no proof that Scofieldtown dump site was source	A recommendation was made for the HD to get

HD – Health Department

•	1,200 w	vells teste	d once un	der old	ordinance
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- 20 wells under new ordinance, 150 signed up for test
- 13% test positive for one or the other; no results yet from Arsenic and Uranium

#### Implementation of the New Ordinance

- Arsenic, Uranium added to Diledan & Chlorodane testing with no price increase
- VOC's dropped from testing
- Open to all Stamford residents
- Voluntary program
- City water tested on a daily basis by Aquarion
- Mass mailing regarding new program sent to homeowners with registered wells

#### Other Laboratory Services

- Well child blood work (Hemoglobin /Hematocrit)
- Lead screenings on children
- Lab support for our STD clinics
- Preliminary tick identification

## Key Accomplishments in 2013

- Hired new lab technician
- Passed proficiency testing to become state certified in testing drinking water (Microbiology and Inorganic Chemistry)

## Moving the laboratory forward in 2014

- Lab cleanup disposal of chemicals no longer being used, some date back to when forensic testing was done
- Test 750 wells under the new ordinance
- Seek opportunities to promote and encourage well water testing
- Participate in training at State Agricultural Station in New Haven (Tick Identification)

information to attorneys and attorney organizations to promote well testing to real estate buyers.

Suggestion made to post Flyer on information bulletin boards at health clubs and Pediatrician's offices.

	<ul> <li>Obtain state certification in testing water from shellfish beds in Stamford</li> <li>Investigate other testing available for Lyme Disease with an eye to performing test inhouse providing results in about 1 week vs. current 4 - 6 weeks when tested by state lab</li> <li>Find ways to promote the laboratory's services to the public.</li> </ul>	HC questioned the value of tick testing - when there is a fee to charged - if test results are not immediate and not a determinant in physician treatment.  HC suggested: 1) exploring working with state to provide central lab for testing services regionally.  2) taking on Quantiferon TB testing either for state or obtaining grant.  The Health Commissioners thanked Mr. Federici for his presentation to the Health Commission.
Old Business		

#### New Business

New Dusiness		
Health Initiative – K T Murphy	DOMUS recently got grant to promote exercise for K T Murphy students United Way of SW CT is undertaking initiative at KT Murphy where many children are walkers.	
Obesity Prevention Committee	<ul> <li>Chartwell (lunch provider) increased use of whole grain, brown rice.</li> <li>Neighborhood / school gardens are going full speed ahead</li> <li>Yerwood Center has Kids Fans. Pam Sloan is teaching cooking classes there for children.</li> </ul>	
Community Needs Assessment presentation by Greg Kearns at the December meeting - Community Action Plan	Gregory Kearns, Director of Planning Strategy & Marketing Development from Stamford Hospital made presentation at December HC meeting (due to no quorum, no business was conducted).	Explore implementation of "Project Access" with Optimus for specialty care and diagnostic services.

HD – Health Department

	Hospital is planning a series of initiatives for the West Side and exploring specialty services through MD affiliates. (Page 143-44 of appendix 15)  Dr. Decker reported she has been told there is a 2 yr wait to get colonoscopy screening for clinic patients. A discussion followed about what physicians perform colonoscopies.  The complete report on the Community Full Needs Assessment is available on the SH website.	Dr. Decker moved that HC members review the Action Plan (Executive Summary & Appendix 15) and come with ideas for the HC + HD to consider. Ms. Parry seconded. Approved unanimously.
Appeal: There were no appeals		

#### Adjournment:

There being no further business before the regular session of the HC, Dr. Decker moved to adjourn the meeting at 10:40 a.m., Ms. Parry seconded. The motion passed unanimously.

Submitted by, Pam Scott

Pam Scott/pp

Recording Secretary