City of Stamford “Giving” Guide

**Affordable housing**

**New Neighborhoods Inc., 203-998-0889**

Mission: Building Hope and opportunity through development and management of quality affordable housing and resident-centered services

Volunteer: e-mail: [info@newneighborhoods.org](mailto:info@newneighborhoods.org) and put “Volunteer” in the subject line

Donate: <https://interland3.donorperfect.net/weblink/weblink.aspx?name=E217122&id=1>

**Alcohol and Substance Abuse**

**Liberation Programs- Stamford 203-858-3208**

Mission: provide prevention, treatment and recovery services to help individuals and their families impacted by substance use and mental health conditions to foster hope and maintain wellness.

Donate: <https://www.liberationprograms.org/donate/>

**Domestic Violence, Human Trafficking & Sexual Assault**

**Domestic Violence Crisis Center 203-588-9100**

Mission: provide effective services, support and education for the prevention and elimination of domestic violence across the Connecticut communities of Stamford, Norwalk, Darien, New Canaan, Weston, Westport, Wilton, and beyond

Volunteer: https://www.dvccct.org/get-involved/

Donate: https://www.dvccct.org/donate-to-dvcc/

**CIRI (Connecticut Institute for Refugees and Immigrants) 203-965-7190**

Mission:  is a state-wide non-profit organization that assists refugees and immigrants resolve legal, economic, linguistic and social barriers so that they become self-sufficient, integrated and contributing members of the community…by providing compassionate array of high-quality legal, social and educational programming and by promoting cross cultural understanding and decent treatment for all.

Volunteer: <https://cirict.org/get-involved/>

Donate: <https://cirict.org/donate/>

**The Rowan Center, 203-348-9346**

Mission: Provide counselling and support services to victims of sexual assault and to eliminate sexual violence through community wide education programs

Volunteer: <https://www.therowancenter.org/become-a-general-volunteer>

Donate: <https://rowan.salsalabs.org/2021DonationForm/index.html>

**Emergency Shelter**

**Emergency Shelter Placement MUST CALL, 211 or 1-800-203-1234 (out of state)**

**Inspirica- Single women and families with children, 203-388-0100**

Mission: Inspirica strives to end homelessness and housing insecurity by helping individuals and families achieve stability through support services and affordable housing

Volunteer: https://www.inspiricact.org/volunteer

Donate: https://www.inspiricact.org/donate

**Pacific House- Men 203-348-8792**

Mission: Pacific House is committed to providing a safe overnight shelter for men and young adults who are homeless. We pair this with a wide range of support services to assist both men and women (via our day program only) achieve their highest level of self-sufficiency so that they might lead more fulfilling lives.

Volunteer: <https://www.pacifichouse.org/how-to-help>

Donate: <https://donatenow.networkforgood.org/shelter>

**Employment & Financial Assistance**

**Community Action Agency of Western Connecticut, 203-602-8833**

Mission: The Community Action Agency of Western Connecticut provides social services and programs directly and through partnerships to vulnerable and low-income individuals, families and communities in Western Connecticut to help them achieve self-sufficiency and to improve their lives.

Donate: <https://caawc.org/donate/>

**Food**

**Lower Fairfield County Food Bank, 203-358-8898**

Mission: to serve as an efficient and effective provider of nutritious food to non-profit organizations that feed the hungry in Darien, Greenwich, New Canaan, Norwalk, Stamford and Wilton, while seeking to raise awareness of, and promote action to combat hunger in those communities

Volunteer/Donate: <https://www.foodbanklfc.org/how-to-help>

**Meals on Wheels (serves person over age 60) 203-324-6175**

Mission: to help the needy and most vulnerable of all faiths to permanently improve their lives. We provide supportive services that enable families to rise up out of poverty, overcome barriers, and achieve self-sufficiency and independence.

Volunteer: https://www.ccfairfield.org/volunteer/

Donate: <https://www.ccfairfield.org/donate/>

**New Covenant Center, 203-964-8228**

Mission: is to provide a nutritious meal to all those who are hungry. By creating a safe, warm and compassionate environment, we are taking the first steps toward empowering men, women and children to reach their full potential and regain their dignity and self-respect.

Volunteer: https://www.newcovenantcenter.org/volunteer/

Donate: <https://www.newcovenantcenter.org/donate/>

**Immigrant Services**

**Building One Community (B1C) 203-674-8585**

Mission: To advance the successful integration of immigrants and their families

Volunteer: https://building1community.org/engage/

Donate: <https://building1community.org/donate/>

**Mental & Physical Health**

**Optimus Health Care, 203-621-3700, 3900, 3754**

Mission: Serve as the patient-centered medical home for our communities to achieve and maintain a positive state of wellness, particularly, for the uninsured and underserved.

Donate: <https://optimushealthcare.org/opthc/donate/>

**Community Health Center – Stamford, 203-323-8160, 203-969-0802**

Mission: Building a world class primary care organization, committed to special populations, improving health outcomes and building healthier communities through clinical excellence, research and innovation, and training the next generation.

Donate: <https://www.chc1.com/donate/>

**Laurel House, 203-324-1816**

Mission: Help individuals and families achieve and sustain mental health to lead fulfilling lives

Volunteer: <https://www.laurelhouse.net/volunteer-or-donate/volunteer/>

Donate: <https://www.laurelhouse.net/volunteer-or-donate/make-a-donation/>

**Schoke Smilow Jewish Family Services, 203-921-4161**

Mission: To sustain families and individuals through all of life’s challenges and build strong, healthy communities

Volunteer: https://www.ctjfs.org/volunteer-opportunities/

Donate: https://www.ctjfs.org/supportus/

**Family Centers, 203-324-3167**

Mission:Empowering Children, Adults, Families and Communities to Realize Their Potential by… offering a multi-disciplinary approach aimed to help Fairfield County residents obtain the tools needed to establish a strong educational foundation, overcome complex and critical problems, carry on healthy productive lives and achieve personal improvement

Volunteer: https://www.familycenters.org/contact\_familycenters.php?ID=2134

Donate: <https://www.familycenters.org/products/index.php?type=795>

**Seniors & Disabled**

**SilverSource (Serves persons over age 60) 203-324-6584**

Mission: SilverSource advances the dignity, independence and quality of life of older adults by providing supportive services to those in need and guidance to families, and by engaging in community partnerships and advocating for sound public policies

Volunteer: https://silversource.org/volunteer/

Donate: <https://interland3.donorperfect.net/weblink/weblink.aspx?name=E14223&id=9>

**Southwestern CT Agency on Aging and Independent Living, 203-333-9288**

Mission: provide leadership and resources to meet the needs of the rapidly growing older adult population and to maintain and improve the quality of life and independence of older persons and persons with disabilities.

Donate: https://www.swcaa.org/support-swcaa/