Stamford Veterans Resource Center

Stamford Old Town Hall, 175 Atlantic Street, Stamford, CT

A place for all veterans and their families

OPENING DAY

Wednesday, February 15, 2023

Ribbon Cutting Ceremony

10:00 AM - 10:30 AM

Connect and Learn

10:30 AM - 12:30 PM

Connect with veterans and VA representatives to learn about special programs, services, & benefits

Free Yoga Nidra (Meditation) Class

4:00 PM - 5:00 PM

Appropriate for all levels of experience
Bring a mat, blanket, bolster (pillow)

If you have any questions, please call 203-977-7993 or email VeteransResourceCenter@StamfordCT.gov