



FEBRUARY 2023

Program Overview

2023 Youth Program
Stamford Rugby Club, Inc.



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About rugby

Rugby is the fastest growing sport in the US

- 120 countries play rugby
- 32,000 students play rugby in over 900 US colleges
- 12 teams play in US Major League Rugby broadcast on Fox Sports
- The US will host the Rugby World Cup in 2031 and 2033.
- Youth rugby is rapidly emerging in Fairfield County with programs in Bridgeport, Fairfield, Greenwich, Newtown, Trumbull & Westport



About Stamford Rugby Club, Inc.

Stamford Rugby Club, Inc. is a 501(c)(3) nonprofit corporation formed in 2023 to promote the growth and the development of rugby union in Stamford. Our primary activities will be the development of youth programs for Grades K through 12 children to learn and play rugby in a safe, inclusive, educational, and fun environment.

Organization and Management



John Barrot

BOARD / COACH



Kris O'Brien

BOARD / COACH



Bridget Barrot

BOARD



Kristyn O'Brien

SCHOOL LIAISON



Mac Marrone

COACH



Simon Walker

COACH /
MATCH SECRETARY



Carlos Martinez

COACH

Our programs

Our youth program include U10, U12 and U14 age groups. Our aim is to enroll 75 players in our 2023 Spring Season across our programs.

U10 Flag

At the U10 age level players learn the basics of rugby (catch, pass, run, defense). This is a flag program with an emphasis on game-based learning.

U12 Tackle

At U12s we introduce tackling, scrums, lineouts, rucks, and mauls. There is a considerable focus on player safety in learning these elements.

U14 Tackle

At U14s we introduce contested lineouts, kicking as well and continue to develop technical and tactical approaches to the game.

High School (planned)

We plan to add a High School team in the near future pending approval from Stamford high schools and additional funding to support this effort.

Season schedule

February: Clinics & Open Practices

March: Preseason

April-June: Spring Season

Date	Home	Away	Location
Sun Apr 2, 2023	Fairfield	Stamford	Veterans Park
Sat Apr 8, 2023	Stamford	Aspetuck	TBD
Sun Apr 16, 2023	Stamford	Bridgeport	TBD
Sun Apr 23, 2023	Rye	Stamford	Rye High/Middle School
Sun Apr 30, 2023	Stamford	Greenwich	TBD
Sat May 13, 2023	Stamford	Pelham	TBD
Sun May 21, 2023	Midstate	Stamford	Highland Elementary School
Sun Jun 4, 2023	Westport	Stamford	Staples High School
Sun Jun 11, 2023	Stamford	Trumbull	TBD

Field needs

Practices (13 weeks)

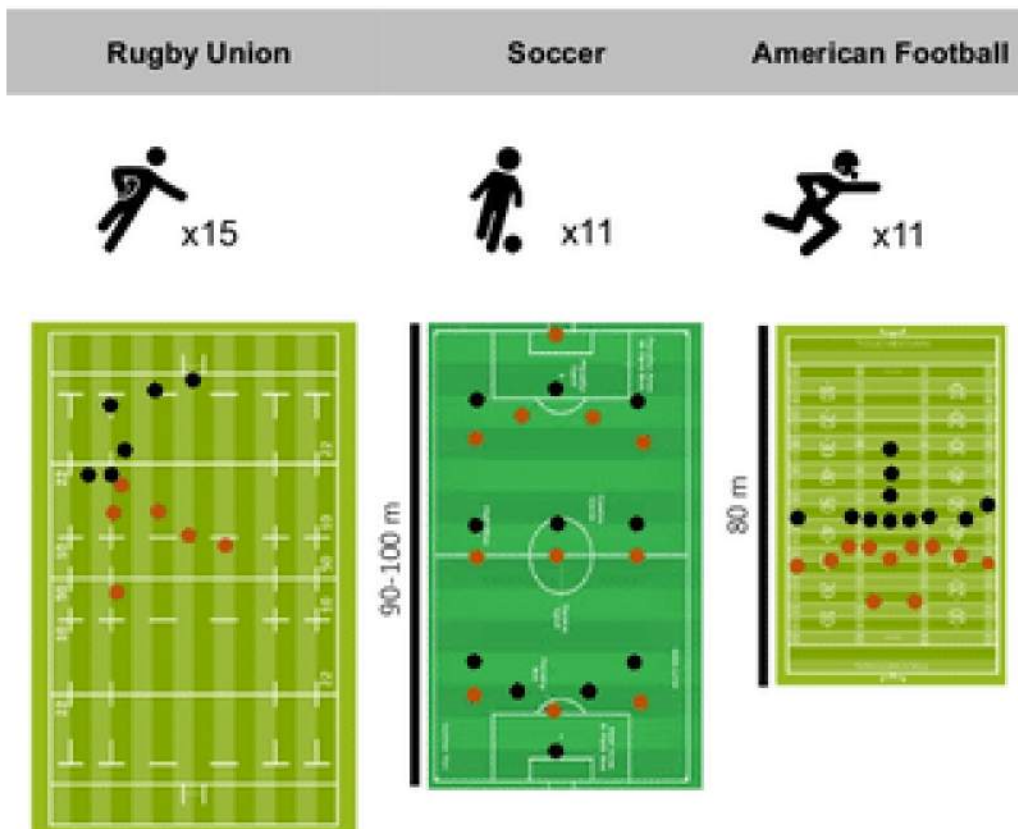
2x weeknights for 1.5 hours

Home games (5)

- 1x Saturday for 4 hours
- 4x Sundays for 4 hours

Field size

Soccer fields are preferred as they are more similar in size to rugby fields. Football fields are fine as well. They tend to be narrower but are fine for youth & high school rugby.



Our partners

Stamford Rugby Club, Inc. is 100% privately funded by through registration fees, partnerships and donations.

We would like to acknowledge and give a massive thank you to our 2023 partners. These companies share our passion for community, youth programs and rugby - and they are an integral part of our club.

Platinum



Silver



For inquiries, contact us.



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